

Lunch Menu

February 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey Breast Sandwich w/ Garbanzo Bean Salad(100) Jicama w/ Tajin(100) Pear(100) 1% White Milk(5) Fat Free Chocolate Milk(45)	2 Italian Turkey Submarine w/ Baby Carrots HS(100) Baby Carrots 2(100) Apple Sauce(100) 1% White Milk(5) Fat Free Chocolate Milk(45)	3 Smoked Turkey & Cheese Sandwich on Knot Roll(100) Spinach Salad w/ Italian Dressing(100) 100% Fruit Juice (100) Fat Free Chocolate Milk(45) 1% White Milk(5)
6 Turkey & Cheese Torta w/ Side of Fries(90) 100% Fruit Juice (90) 1% White Milk(5) Fat Free Chocolate Milk(86)	7 Smoked Turkey & Cheese Sandwich on Knot Roll w/ Baby Carrots(90) Baby Carrots(90) Orange(90) 1% White Milk(5) Fat Free Chocolate Milk(86)	8 Chicken Taco Salad w/ Baked Chips(90) Cucumber Slices w/ Tajin(90) Banana(90) 1% White Milk(5) Fat Free Chocolate Milk(86)	9 Italian Turkey Submarine w/ Baby Carrots HS(90) Baby Carrots 2(90) Apple(90) 1% White Milk(5) Fat Free Chocolate Milk(86)	10 Buffalo Chicken Salad w/ Baked Chips(90) Spinach, Tomato, Pickle Kit(90) Orange(90) 1% White Milk(5) Fat Free Chocolate Milk(86)
13 Turkey & Cheese Torta w/ Side of Fries(90) 100% Fruit Juice (90) 1% White Milk(5) Fat Free Strawberry Milk(45)	14 Smoked Turkey & Cheese Sandwich on Knot Roll w/ Baby Carrots(90) Baby Carrots(90) Apple(90) 1% White Milk(5) Fat Free Strawberry Milk(45)	15 Chicken Taco Salad w/ Baked Chips(90) Celery Sticks(90) Banana(90) 1% White Milk(5) Fat Free Strawberry Milk(45)	16 Italian Turkey Submarine w/ Baby Carrots HS(90) Baby Carrots 2(90) Apple Sauce(90) 1% White Milk(5) Fat Free Strawberry Milk(45)	17 Buffalo Chicken Salad w/ Baked Chips(90) Broccoli Dipper w/ Ranch Dressing(90) Orange(90) 1% White Milk(5) Fat Free Strawberry Milk(45)
20 Turkey & Cheese Torta w/ Side of Fries(90) 100% Fruit Juice (90) 1% White Milk(5) Fat Free Chocolate Milk(41)	21 Smoked Turkey & Cheese Sandwich on Knot Roll w/ Baby Carrots(90) Baby Carrots(90) Orange(90) 1% White Milk(5) Fat Free Chocolate Milk(41)	22 Chicken Taco Salad w/ Baked Chips(90) Cucumber Slices w/ Tajin(90) Banana(90) 1% White Milk(5) Fat Free Chocolate Milk(41)	23 Italian Turkey Submarine w/ Baby Carrots HS(90) Baby Carrots 2(90) Apple(90) 1% White Milk(5) Fat Free Chocolate Milk(41)	24 Buffalo Chicken Salad w/ Baked Chips(90) Spinach Salad w/ Italian Dressing(90) Orange(90) 1% White Milk(5) Fat Free Chocolate Milk(41)
27 Turkey & Cheese Torta w/ Side of Fries(90) 100% Fruit Juice (90) 1% White Milk(5) Fat Free Chocolate Milk(41)	28 Smoked Turkey & Cheese Sandwich on Knot Roll w/ Baby Carrots(90) Baby Carrots(90) Orange(90) 1% White Milk(5) Fat Free Chocolate Milk(41)			

MENU SUBJECT TO CHANGE WITHOUT NOTICE
 Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
 This institution is an equal opportunity provider.



Breakfast Menu

February 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinnamon Delight(95) 100% Fruit Juice (95) 2nd Fruit- Apple(95) 1% White Milk(90) Fat Free White Milk(5)	2 Froot Loops w/ Honey Grahams(100) Main Fruit Orange(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	3 Blueberry Mini Muffin & String Cheese(100) Main Fruit Pear(100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)
6 Mantecada Muffin(100) 2nd Fruit- Apple(100) Raisins(100) 1% White Milk(95) Fat Free White Milk(5)	7 Apple Jacks w/ Honey Grahams(100) Main Fruit Banana(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	8 Pan Dulce(100) 100% Fruit Juice (100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)	9 Froot Loops w/ Honey Grahams(100) Main Fruit Orange(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	10 Whole Grain Bagel w/ Cream Cheese(100) Main Fruit Pear(100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)
13 Banana Bread(100) 2nd Fruit- Apple(100) Raisins(100) 1% White Milk(95) Fat Free White Milk(5)	14 Apple Jacks w/ Honey Grahams(100) Main Fruit Banana(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	15 Cinnamon Roll(100) 100% Fruit Juice (100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)	16 Froot Loops w/ Honey Grahams(100) Main Fruit Orange(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	17 Mini Vanilla Loaf & String Cheese(100) Main Fruit Pear(100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)
20	21 Apple Jacks w/ Honey Grahams(100) Main Fruit Banana(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	22 Coffee Cake(100) 100% Fruit Juice (100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)	23 Froot Loops w/ Honey Grahams(100) Main Fruit Orange(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)	24 Pan Dulce(100) Main Fruit Pear(100) 2nd Fruit- Apple(100) 1% White Milk(95) Fat Free White Milk(5)
27 Whole Grain Bagel w/ Cream Cheese(100) 2nd Fruit- Apple(100) Raisins(100) 1% White Milk(95) Fat Free White Milk(5)	28 Yogurt Parfait w/ Strawberries & Honey Grahams(100) 2nd Fruit- Pear(100) 1% White Milk(95) Fat Free White Milk(5)			

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