

# March Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vanilla Concha	Sweet Potato Sunrise Muffin	Cinnamon Chex Cereal w/ Honey Grahams	Mantecada Muffin	Blueberry Yogurt Parfait w/ Cinnamon Granola Cereal
10	11	12	13	14
Cinnamon Crumble	Fruit & Yogurt Smoothie w/ Granola	Strawberry Loaf	Chocolate Chip Muffin Top	
17	18	19	20	21
24	25	26	27	28
		Strawberry Loaf	Oatmeal w/ Blueberries & Graham Cracker	Conchita w/ String Cheese
31				
Cheerios Cereal w/ Honey Grahams				
<b>Breakfast Includes:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>		
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Tangerine (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Orange (1/2 C), Raisins (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>		

# March Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Sunflower Seeds w/ String Cheese & Baby Carrots	Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Southwest Chicken Salad w/ WG Dinner Roll	Wowbutter (Soybutter) & Jelly Sandwich
10	11	12	13	14
Sunflower Seeds w/ String Cheese & Baby Carrots	Turkey & Cheese Sub Sandwich w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons		
17	18	19	20	21
				Wowbutter (Soybutter) & Jelly Sandwich
24	25	26	27	28
	Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Caesar Salad with Dinner Roll & Croutons	Turkey & Cheese Cracker Kit w/ Roasted Fava Beans	Cheese Pizza Kit
31				
Turkey & Cheese Sandwich on Pretzel Bun				
<b>Lunch Includes:</b>	<b>Veg of the Day:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk or Fat Free Strawberry Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Monday:Side of Oven Baked Fries (1/2 C),Baby Carrots (1/4 C) Thursday:Celery Sticks (1/4 C),Fresh Cauliflower (1/2 C),Fresh Broccoli (3/4 C)	100% Fruit Juice 4 oz,Halo Mandarin Oranges 2ea (1/2 C),Banana (1/2 C),Apple (1/2 C),Cranberries (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	

