

Breakfast Menu



September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	Mango Muffin 6	Yogurt Parfait w/ 7	Cereal w/ Cinnamon Tiger 8	Coffee Cake 9
Pan Dulce 12	Apple Jacks w/ Cinnamon 13	Mantecada Muffin 14	Cereal w/ Cinnamon Tiger 15	Cranberry Oatmeal 16
Whole Grain Bagel w/ 19	Apple Jacks w/ Cinnamon 20	Orange Muffin 21	Cereal w/ Cinnamon Tiger 22	Mini Vanilla Loaf & String 23
Chocolate Chip Muffin 26	Apple Jacks w/ Cinnamon 27	Banana Bread 28	Cereal w/ Cinnamon Tiger 29	Cinnamon Delight 30

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
 This institution is an equal opportunity provider.



Lunch Menu

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 Beef Pastrami & Cheese	7 Southwest Chicken Salad	8 Italian Turkey Submarine	9 Pinwheel Smoked Turkey
12 Turkey & Cheese	13 Beef Pastrami & Cheese	14 Turkey Breast Club	15 Buffalo Chicken Salad w/	16 Pinwheel Smoked Turkey
19 Turkey & Cheese	20 Beef Pastrami & Cheese	21 Turkey Breast Club	22 Buffalo Chicken Salad w/	23 Pinwheel Smoked Turkey
26 Turkey & Cheese	27 Beef Pastrami & Cheese	28 Turkey Breast Club	29 Italian Turkey Submarine	30 Pinwheel Smoked Turkey

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